

WINGS TAKE OUT

TEAM EFFORTS

HAT TRICK (W) an order of wings, garlic cheese toast + yam fries with roasted red pepper aioli 19 ¾
sub Cauli' Wingerz (V)

HALF NACHOS (W)(V)(J) all the greatness, half the size. House-made chips loaded with cheese, tomatoes, olives, jalapeños + green onions. Served with sour cream + pico de gallo 15
add spicy beef or chicken (J) +4 ¾
add guacamole +3

BIG TEXAS FRIES (V)(J) fries tossed in Tex-Mex seasoning topped with cheese, tomatoes, jalapeños + green onions. Served with bbq sauce 12 ¾
add spicy beef or chicken (J) +4 ¾

NEW! MEATBALLS MARINARA all beef meatballs + marinara sauce. Served with garlic toast 11 ½

CHICKEN STRIPS crispy breaded chicken with dipping sauce 11 ¾

DRY RIBS tossed in sea salt + cracked black pepper 13

NEW! POTATO SKINS smokehouse bacon, caramelized onions + cheeses. Served with sour cream 13

MOZZARELLA STICKS (V) with marinara sauce 12 ¼

YAM FRIES (V) with roasted red pepper aioli 9 ¾

flatbreads

MAKE IT A MEAL

add house greens +4 ¾

BBQ CHICKEN + BACON

bbq chicken, cheese, smokehouse bacon, bell peppers + onions with smoky bbq sauce 14

BUTTER CHICKEN (J)

rich butter chicken, cheese, tomatoes + cilantro 14

NEW! MARGHERITA

rich marinara sauce, cheeses, tomatoes + basil pesto 13

NEW! BACON

MAC + CHEESE creamy mac + cheese, smokehouse bacon, topped with more cheese 13

Wings & THINGS

We take wings seriously. Our award winning wings are always fresh, free run, locally-sourced and free of hormones and antibiotics. Tossed in one of our unique sauces or seasonings, we know you'll find a flavour to love.



WINGS 14 **SAMPLE** 2

BONELESS WINGERZ 16 ¼ **SAMPLE** 2

CAULI' WINGERZ (V) 13 ¼

ADD VEGGIE STIX 1 ¾

ADD DIPPING SAUCE 1 ¼

- buffalo (J)
- ranch
- house fire (W)(J)(J)(J)
- tzatziki
- blue cheese
- sriracha lime aioli (J)
- honey mustard
- roasted red repper aioli
- house-made wowy ranch (W)
- WINGS burger sauce

it's a classic

SALT + PEPPER (D) some call them plain, we call them delicious

TEXAS DRY RUB (D) a blend of smoked paprika, chili powder + secret spices

GREEK (D) a fusion of oregano, sun-dried tomatoes, garlic + lemon

WEST COAST LEMON PEPPER (D) a local favourite – lemon zest, sea salt + cracked black pepper

OUTBACK BBQ (W) perfectly balanced BBQ sauce – smoky, tangy + rich

WHITE CHEDDA' (D) you like it on popcorn – you'll love it on wings

ITALIAN ROASTED RED PEPPER (D) mild and smooth – a blend of roasted bell peppers, onions + garlic

DILL PICKLE (D) you know what it is – it's amazing

TERIYAKI (W) tangy teriyaki tossed with toasted sesame seeds

THAI CHILI + LIME (W)(J) perfect balance of tangy, sweet and heat – Thai chili sauce, sriracha + fresh lime juice

GLUTEN-SMART HALAL WINGS

ask server for details 17 ½

a little sweet

HONEY GARLIC (W) sweet honey + minced garlic in perfect harmony

LOUISIANA SWEET (W)(J) sweet with a kick – made with aged cayenne, garlic + honey

SWEET THAI (W) a zesty, tangy sauce made with fresh red chilis

KOREAN STICKY SESAME (W) honey, soy sauce + garlic, tossed with toasted sesame seeds

SRIRACHA HONEY (W)(J) sweet honey + spicy sriracha peppers create a smooth, fiery sauce

BC HONEY Q (W) honey blended with red pepper, molasses + natural hickory smoke

MAPLE BOURBON (D) sweet and smoky with a hint of maple + bourbon

kinda spicy

JAKARTA HEAT (W)(J)(J)(J) like an erupting volcano, these wings bring the heat

CHILEAN CHILI (W)(J)(J)(J) very spicy with just a touch of sweetness

BUFFALO (W)(J)(J) the OG wing flavour – made with aged cayenne + spices

BBQ HEAT (W)(J)(J) this hot bbq sauce is smoky, tangy + bold

NEW! FIJI FLAME (W)(J)(J) aromatic blend of fresh red chili paste, sautéed jalapeños + garlic

NEW! HONEY STINGER (W)(J)(J) honey garlic sauce kicked up a notch with ginger + cayenne pepper

ZESTY SRIRACHA LIME (D)(J)

spicy and bright, sriracha seasoning with a hint of lime + garlic

BUTTER CHICKEN (W)(J) butter chicken done the WINGS way

NEW! SIMPLY SHAWARMA (D)(J) classic middle eastern flavours of cumin, black pepper, tumeric + ginger

WINGS TAKE OUT

BUNS & SUCH

SERVED WITH FRIES

sub yam fries with roasted red pepper aioli +2 1/2

PESTO CHICKEN CLUB

pesto marinated chicken breast, smokehouse bacon, tomatoes, mayo + lettuce on a garlic toasted roll 16 3/4

CAJUN CHICKEN QUESADILLA

🔥 Cajun chicken breast, cheese, tomatoes + diced jalapeños. Served with sour cream 15 3/4

burgers

SERVED ON A TOASTED BRIOCHE BUN WITH LETTUCE, TOMATOES + RED ONIONS

CRISPY CALYPSO CHICKEN BURGER

🍷🔥 spicy panko breaded chicken breast, Cheddar + zesty Calypso sauce 15 3/4

MILE HIGH BURGER

🍷 fresh 6oz beef patty, smokehouse bacon, Cheddar, sautéed mushrooms + WINGS burger sauce 17 3/4

BUILD A' BURGER

make it your own. Fresh 6oz beef patty, lettuce, tomatoes, red onions + WINGS burger sauce 14 1/4 sub organic veggie patty

- add Cheddar +2 1/4
- add smokehouse bacon +2 1/4
- add caramelized onions +2 1/4
- add sautéed mushrooms +2 3/4
- add guacamole +1 1/2

JUST NOODS

SERVED WITH GARLIC TOAST

CLASSIC CHICKEN ALFREDO tender chicken breast, creamy alfredo sauce + shaved Parmesan on linguine noodles 18 1/2

SUN-DRIED TOMATO + PRAWN LINGUINE

🔥🍷 garlic sautéed prawns, sun-dried tomatoes, chili-infused tomato sauce + shaved Parmesan 18 1/2

NEW! SKILLET BACON MAC + CHEESE

corkscrew pasta, rich cheese sauce + smokehouse bacon. Baked with a cheesy breadcrumb topping 17 1/2

NEW! CAJUN CHICKEN PASTA

tender chicken breast, corkscrew pasta + shaved Parmesan tossed in a rich Cajun alfredo sauce 18 1/2

NEW! LINGUINE + MEATBALLS

all beef meatballs in rich marinara sauce with shaved Parmesan 18 1/2

LEAFY THINGS

add prawns or seared chicken breast +6 1/4

SANTA FÉ CHICKEN COBB 🍷 Cajun chicken breast, house greens, corn, red onion, bell peppers, cheese, tortilla strips + Southwest ranch dressing 19 3/4

CAESAR fresh romaine, herb croutons, shaved Parmesan + classic Asiago Caesar dressing 11 3/4 starter size 8 1/2

HOUSE GREENS 🌱 leaf lettuce, sui choy, green kale, radicchio, cabbage, julienne carrots + golden beets, with white balsamic vinaigrette 11 3/4 starter size 8 1/2

FORKS NEEDED

STIR FRY BOWL fresh vegetables, house-made teriyaki + toasted sesame seeds on jasmine rice 14 add prawns or seared chicken breast +6 1/4

HUNTER CHICKEN pan-seared chicken breast, creamy mushroom-beef gravy, garlic mashed potatoes + seasonal vegetables 18 1/4

BUTTER CHICKEN BOWL

🔥 tender chicken breast in traditional curry sauce topped with cilantro. Served with jasmine rice + flatbread 18 1/4 sub Cauli' Wingerz 🌱

SOMETHIN' MORE

NEW! BROCCOLI CHEESE SOUP

🌱 served with garlic toast 8

FRIES + GRAVY 7 3/4

SKILLET CHEESY MASH 7

GARLIC CHEESE TOAST 🌱 6

Our priority is to ensure the protection and health of our guests and team members. We are committed to making your visit safe and enjoyable and have put measures in place to ensure your safety. If you have any questions about our commitment to health and safety, a manager would be happy to assist you.

A 15% GRATUITY WILL BE APPLIED FOR PARTIES OF MORE THAN SIX.

SWEET STUFF

CLASSIC CHEESECAKE with raspberry coulis + whipped cream 8 1/4

SIPPERS

SOFT DRINKS

free refills 3 3/4

Coca-Cola, Diet Coke, Sprite + Ginger Ale

NESTEA ICED TEA 4

MINUTE MAID LEMONADE 4

ASSORTED JUICES 4

SUMMER BERRY SPRITZ 5 1/2

FENTIMANS GINGER BEER 6

RED BULL 6

COFFEE OR TEA 3 1/2